

# Alta Care Group

## Job Description – Mobile Crisis Clinician

**POSITION:** Mobile Crisis Clinician  
**SUPERVISOR:** Clinical Supervisor  
**STATUS:**  Exempt  Non-Exempt  
**POSITION CATEGORY:** Direct Line Staff  
**RATE:** Commensurate with Alta Salary Scale

### General Responsibilities

Responsible for direct services related to Mobile Response and Stabilization Service (MRSS) service in addition to supportive Case Management services. The MRSS Clinician will be accountable for providing day-to-day mobile crisis intervention, follow-up and support.

MRSS is a structured community based, in-person, intervention and support service for youth and families, provided by a mobile response and stabilization service team. It is a prevention-focused emergency program that serves as a gateway to other services across the system of care. MRSS is designed to promptly address situations in which young people are experiencing emotional symptoms, behaviors, or traumatic circumstances that compromise or impact their ability to function within their family, living situation, school, or community. The youth and family guide MRSS interventions, with the strengths and needs of the young person and family determining the types and mix of services and supports provided.

The MRSS Clinician is responsible for providing emergency mobile response and stabilization to families with youth and young adults up to age 21 who are experiencing difficulties or distress. The MRSS Clinician will provide intervention within the MRSS guidelines, based on acuity. This service also provides in-home stabilization services and linkage to on-going supports. The youth and family guide MRSS interventions, with the strengths and needs of the young person and family determining the types and mix of services and supports provided. The MRSS Clinician will work as part of a team and develops an MRSS plan to be implemented by the team which includes a Peer Support Staff person or Qualified Mental Health Specialist.

### Specific Essential Functions of the Job

#### 1. Provision of MRSS Service

- To provide mobile crisis response services in the home or community, according to the acuity guidelines set within MRSS fidelity model.
- Provide appropriate screening, early identification, and assessment of risk and safety concerns that minimally include suicide risk, non-suicidal self-injury, abuse and neglect, exposure to violence and/or other types of trauma, human trafficking risk, fire setting, cyberbullying, substance use, risk of runaway, and other clinical presentations that pose an immediate risk or safety issue.
- Assure inclusion of family members and informal supports in all aspects of the assessment, planning and treatment process.
- Facilitate linkage to existing providers and supports or facilitate linkage and transfer to appropriate level of services and supports.

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- Develop crisis/safety plans with families and youth to ensure awareness and utilization of de-escalation interventions to utilize in order to stabilize the current crisis and to aid in avoiding future escalations.
  - Create MRSS plans with families and youth with achievable goals and objectives designed to promote safety, build distress tolerance and self-regulation skills.
  - Coordinate with Peer Support and/or Case management staff regarding crisis response services/interventions, the MRSS service plan and follow up needs.
  - Instill the philosophy that whenever safe and possible, maintain youth in their homes and communities and prevent placement in costly, non-medically necessary and restrictive settings: i.e., emergency departments, congregate care, inpatient hospitalization, and incarceration.
  - Increase community awareness of behavioral health needs by providing prevention- and treatment-oriented education and outreach to families, schools, and communities, when needed.
  - Empower young people and families to monitor, manage, and cope with situations to decrease the intensity and impact of future destabilizing events.
  - Assist with promoting and ensuring that young people and their families have access to MRSS in their community, when needed.
  - Attain all training required on MRSS to follow fidelity to the model.
  - Improve quality within MRSS by assisting with data input to be utilized for performance monitoring, improvement, and planning.
2. Provision of School-Based Case Management
- Provision of Care Coordination / Case Management.
  - Initiate and provide Case Management services including assessment, linkage, assistance in daily living skills, advocacy, and referral as client needs become apparent and as developed in the ISP.
  - Provide case consultation with other Alta or community health providers as may be necessary to address client treatment goals and client continuity of care needs.
  - To attend and participate in regularly scheduled treatment and other team/group meetings to discuss relevant clinical issues.
  - To provide as needed, Crisis Assessments and/or CPST Needs Assessments of youth prior to the development of appropriate treatment/service plans, and as appropriate thereafter.
  - To conduct as needed and as directed by the client's service plan, activities of an experiential/therapeutic nature, which focus on improving interpersonal functioning and self-esteem with targeted youth.
  - To provide individual and/or family crisis interventions to non-MRSS clients, which periodically may involve intensive, non-time limited intervention.
  - Provide consultation to the school, when requested, regarding Alta clients to aid with improving overall social emotional functioning, academic performance and family stability.
3. Record Maintenance
- Make progress note entries for each session/activity, as per Alta procedures.
  - Securing necessary release of information to obtain previous records, testing's, evaluations, and consultations as needed.

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- Securing necessary releases of information to perform MRSS and School-Based Case Management services from schools and/or parents.
  - Maintain accurate and detailed file records as required by Alta I.C.R. procedures.
4. Support to the Agency
- Assist the Clinical Director and/or Department Coordinator in collecting and compiling objective data so as to accurately assess success of services as they relate to targeted service outcome goals.
  - If requested, assist in refining criteria for referrals to the Therapeutic Behavioral Support service.
  - Attend and participate in regularly scheduled and other supervision activities.
  - Assist in program evaluation, data collection and analysis, if requested.
  - Participate in staff and program development by attending continuing education and in-service trainings.
5. M.I.S. Time Accounting
- Maintain and file on a timely basis accurate time accounting as required by Alta's management information system to account for employee's activities and for billing purposes
6. File Management
- Maintain accurate and detailed file records as required by Alta's policies as they apply to the documentation of services and maintenance of CQPI Standards for Therapeutic Behavioral Support Services.

#### **Work Relations/Characteristics**

1. Efficient use of time.
2. Prompt completeness of assigned tasks.
3. Thoroughness in carrying out job responsibilities.
4. Understand and conform fully to professional ethical standards.
5. Maintain flexibility in adjusting to Alta and external policy changes.
6. Maintain considerate interaction with colleagues and supervisors which respect the rights of others and fosters their confidence and cooperation.
7. Initiative in carrying out job responsibilities.
8. Loyalty to Alta interests.
9. Analytic and organized approach to problem solving.
10. Effectiveness in meeting position/Alta productivity requirements as applicable.
11. Ability to work with respect for cultural diversity.
12. Ability to engage families who may not want the service.
13. Sensitivity to cultural and economic characteristics of a diverse service population.

#### **Specific Essential Conditions of Employment**

1. Physical ability, with reasonable accommodation, if necessary, to perform specific responsibilities included in the job description.
2. Ability to write legibly and operate phone and computer equipment, with reasonable accommodation, if necessary, to fulfill the tasks necessary to complete job duties.

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3. Ability to transport self to and from Central office, various Alta sites, and community service sites.
  - A. Possess a valid Ohio Driver’s License.
  - B. Current auto liability insurance to the limits required by the Ohio Department of Motor Vehicles.
4. Citizen of the United States.
5. Absence of past criminal activity, which would bring into question professional and personal integrity as it implies to the position responsibilities. Ability to pass a BCI and FBI background check.
6. Ability to perform clinical interventions at sites/locations based on needs of the client.
7. Flexibility in adjusting work schedule, days and hours as necessary to fulfill meeting schedule obligations and other responsibilities of the position.
8. Ability to adhere to Alta policies and procedures as they relate to employee work activities.

**Minimum Qualifications**

1. Degree in counseling, social work, marriage and family therapy or other related field.
2. Licensure with the State of Ohio Counselor, Social Worker, and Marriage and Family Therapy Board as LPC, LPCC, LSW, or LIS, MFT, LIMFT or registered (or eligible to register) as a Counselor, Social Work Trainee, or Marriage & Family Therapy Trainee.

**Preferred Qualifications**

1. Specific experience in clinical activities with a focus on child and family therapy, diagnosis of psychopathology, treatment of severe behavior disorders, treatment of abuse and neglect related disorders, treatment of children at risk for hospitalization and out of home placement most preferred.
2. Crisis intervention and response experience.
3. Case Management experience.

By signing, I acknowledge that I have read and understood this job description. I also acknowledge and agree to comply with all policies and procedures as outlined in the Alta Employee Handbook.

\_\_\_\_\_  
Employee Signature

Date

\_\_\_\_\_  
Employee Name (Print)

\_\_\_\_\_  
HR Representative/Supervisor

Date

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