

# Alta Care Group 2022-2023 Annual Report





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# Alta Care Group

The Valley's leader in children's emotional and behavioral healthcare and Head Start/Early Head Start for Mahoning County.

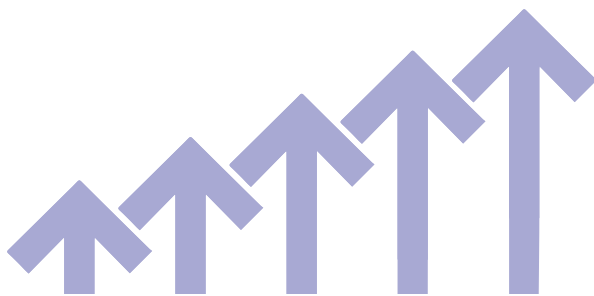
Almost  
50 years of  
Caring for  
Children and  
Families.



# Results

*Alta Behavioral Healthcare is devoted to providing the highest quality of professional care to children, teens and their families.*

Our staff is highly skilled in helping families understand their situations and what needs to be done to bring practical solutions to the problems they face.



**Alta Head Start Preschool is much more than playtime.**

Our degreed teachers help children ages birth to 5 years old develop reading skills, good learning habits, social skills and self confidence. There are no fees, and hot nutritious meals and health and dental services are provided.

## Condensed statement of revenues and expenses Support revenue for FY 2022-2023

<b>\$11,969,834</b>	<b>\$3,731,445</b>
Grant Revenue	Medicaid Fees

<b>\$1,040,319</b>	<b>\$932,001</b>
Mental Health Boards Program Funds	Contract Income

<b>\$395,452</b>	<b>\$116,384</b>
Third-Party Fees	Self Pay

<b>\$117,895</b>	<b>\$131,869</b>
Donations	Investment Income (Loss)

<b>\$70,546</b>	<b>\$2,688,463</b>
Miscellaneous	Non-Federal Match

**\$21,194,208**  
Total Revenue

## Operating expenses for FY 2022-2023

Salary & Wages: \$8,792,133	Supplies: \$1,544,640
Fringe Benefits: \$2,764,612	Travel & Training: \$305,759
Contractual: \$1,566,173	Other Miscellaneous: \$1,938,027
Occupancy: \$657,011	Non-Federal Match: \$2,688,463

**Total Expenditures: \$20,256,818**

# Parent Engagement

Alta Head Start provided many family engagement activities over the course of the year.



Several parent meetings included guest speakers relating to topics including the benefit of routines, the importance of being a leader in your child's education, and the power of positive parenting. All of these were held in person and virtually.



Alta Head Start utilized Strengths, Needs, Interests Parent Survey (SNIPS) and Family Outcomes Survey (FOS) from CCR Analytics as well as the Parent Gauge Program to collect data on family progress and growth.



The parents were given several opportunities for parent education through the Incredible Years Parent Education Program that was offered three times a year, Triple P Seminars and Triple P Discussion groups held monthly, as well as,



facts/tips on how to promote their children's development by building on existing family routines. Ready4k has developed additional webinars for our parents to participate in. In addition, we have provided many parent education opportunities using video, Zoom, and Class Dojo.

with Ohio State University Extension Parent Nutrition Education Program. We also used Ready4K, which is an evidence-based family engagement curriculum delivered via text messages. Each week, parents and caregivers receive three informative



***Throughout the program year, parents were provided the following engagement activities:***

Car Seat Safety training, Happy Harvest, Winter Wonderland, Male Engagement Bowling, Gents & Gems Fashion Show, and Friendship Dance. Some of the educational events provided for parents and children included opportunities for use of library services, parent/child home projects, Weekly Reader Parent/Child Homework Interaction, and Farmer's Market (converted to a produce give-a-way).

Parents were provided with Education, Mental Health & Nutrition learning activities to do with their child throughout the school year.

Many parents took advantage of these opportunities which resulted in more parent engagement.



# Behavioral Health

## Client Demographics

### Gender



**2,266** Total Clients Served

### Age

**15%**

19+ Years Old

**24%**

15-18 Years Old

**28%**

11-14 Years Old

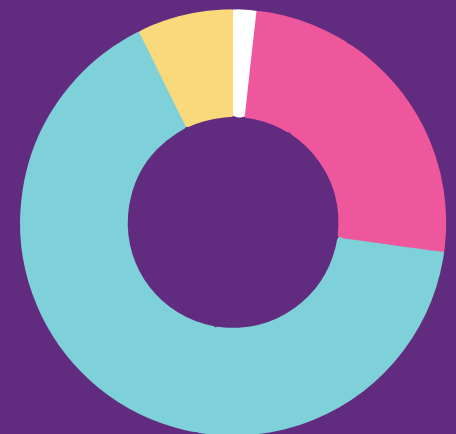
**24%**

7-10 Years Old

**15%**

0-6 Years Old

### Race



- Caucasian 56%
- African-American 23%
- Hispanic 17%
- All Other 4%





# Core Services

	<b>Total</b>
Diagnostic Assessment (units)	1,530
Counseling (hours)	17,341
TBS Individual (units)	23,565
TBS Group (units)	713
CPST Individual (units)	7,526
CPST Group (units)	8,528
Pharmacologic	
E&M Established Patient (units)	4,117
E&M New Patient (units)	274
MH Day Treatment (units)	4,891
Crisis Psychotherapy, Crisis TBS (units)	358
Nursing (units)	5,728
ECMH Consultation (hours)	2,498



# Give Your Child A Great Head Start

The program strives to create a learning environment that develops cognitive, social, emotional and physical skills.  
The program encourages parents to engage in their children's learning development, as well as accomplishing their own goals.

Head Start is a comprehensive child development program which serves children age three to compulsory school age. The overall goal of Head Start is to increase school readiness and social competence in young children in low-income families, helping them to meet the kindergarten readiness goals. Our Head Start programs as well as other Head Start programs in Ohio have their education curriculum in alignment with State Pre-K Standards. Children participate in a variety of educational activities that reflect best practices in early childhood education.



# Early HEAD START



Designed for children 0-3 years of age, this full-day, full-year program provides enrichment and sensory stimulation to their minds, preparing them for the learning process in either a center-based option or a home-based option. Unique to this program are services to pregnant women, providing them with support and education to assist them on their journey to motherhood.

## **School Readiness**

The Alta Head Start Program prepares children for kindergarten by providing them the opportunities to learn in group settings, ensuring they are socially and emotionally ready for kindergarten. A total of 280 children transitioned into kindergarten at the end of the 2022-2023 school year. To prepare these children and families, quarterly transition materials were shared with the families.

### **The mission of the Early Head Start program is to:**



promote healthy prenatal outcomes for pregnant women



promote healthy family functioning



enhance the development of very young children

In Early Head Start we support early bonding and attachment in the child-parent relationship and child caregiver relationships. Once the children turn 3 years old, they transition into our Head Start program.



# Results

## Alta Head Start/ Early Head Start 2022-2023

	Budgeted	Expended
Head Start Base Grant	\$6,508,117	\$6,508,117
Training and Technical Assistance	\$72,990	\$72,990
COLA	\$148,385	\$148,385
Quality	\$34,140	\$34,140
<b>Total</b>	<b>\$6,763,632</b>	<b>\$6,763,632</b>

	Budgeted	Expended
Early Head Start Base Grant	\$1,733,170	\$1,733,170
Training and Technical Assistance	\$28,973	\$28,973
COLA	\$39,516	\$39,516
Quality	\$8,269	\$8,269
<b>Total</b>	<b>\$1,809,928</b>	<b>\$1,809,928</b>

	Budgeted	Expended
Covid C5	\$228,737	\$228,737
<b>Total</b>	<b>\$228,737</b>	<b>\$228,737</b>

	Budgeted	Expended
American Rescue Plan C6	\$909,340	\$909,340
<b>Total</b>	<b>\$909,340</b>	<b>\$909,340</b>

	Budgeted	Expended
ODE Early Childhood Expansion	\$432,000	\$432,000
OCCRRA	\$114,045	\$110,258
<b>Total</b>	<b>\$546,045</b>	<b>\$542,258</b>

### Grand Total

**\$10,257,682**

Budgeted

**\$10,253,895**

Expended

### Unspent Funds

OCCRRA	\$3,787
<b>Total</b>	<b>\$3,787</b>

\*Covid C5 funds of \$210,552 were expended in prior years

\* American Rescue Plan C6 funds of \$252,500 were expended in prior years

\*Total NFM Report of \$3,149,044 included ECE funds \$432,000 and other non-GAAP donations of \$205,460

\*Other donations not included in the NFM report for Head Start are \$176,879

### Total Funding Received

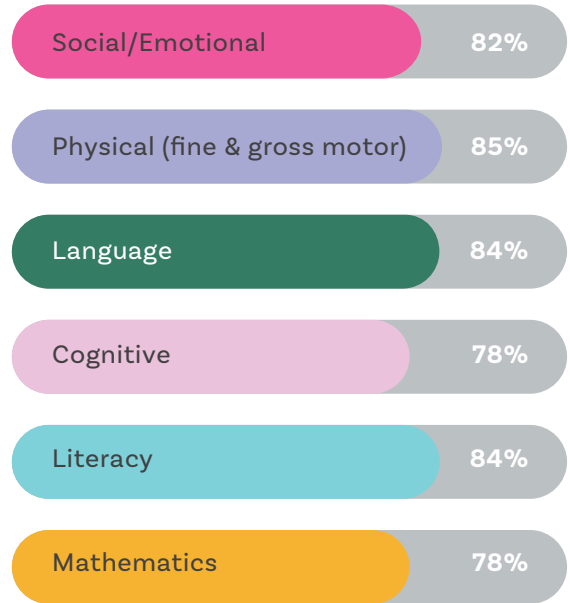
Head Start	\$6,763,632
Early Head Start	\$1,809,928
Covid C5	\$18,185
American Rescue Plan C6	\$656,840
Early Childhood Expansion	\$432,000
OCCRRA	\$57,051
NFM	\$3,149,044

### Grand Total

**\$12,886,680**

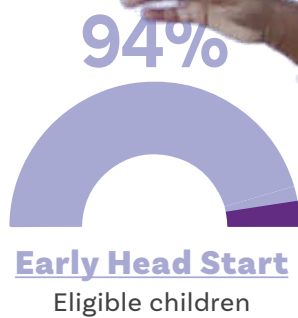
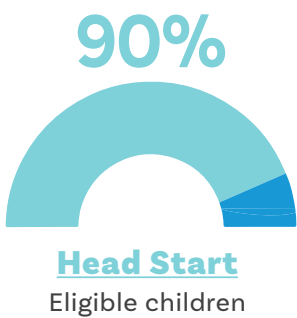
# Children's developmental outcomes are normally assessed throughout the school year utilizing Desired Results Developmental Profile (DRDP).

Children's developmental outcomes are assessed throughout the school year utilizing Desired Results Developmental Profile (DRDP). The DRDP is an ongoing observation system that the program uses to assess children ages 6 weeks to 5 years old. The following table reflects the results for those 280 children who are transitioning into kindergarten through the end of the Spring quarter.



## Enrollment Program

	Head Start	Early HS
Funded Enrollment	656	104
Total Served	616	187
Families Served	564	156
ECE Slots	108	-

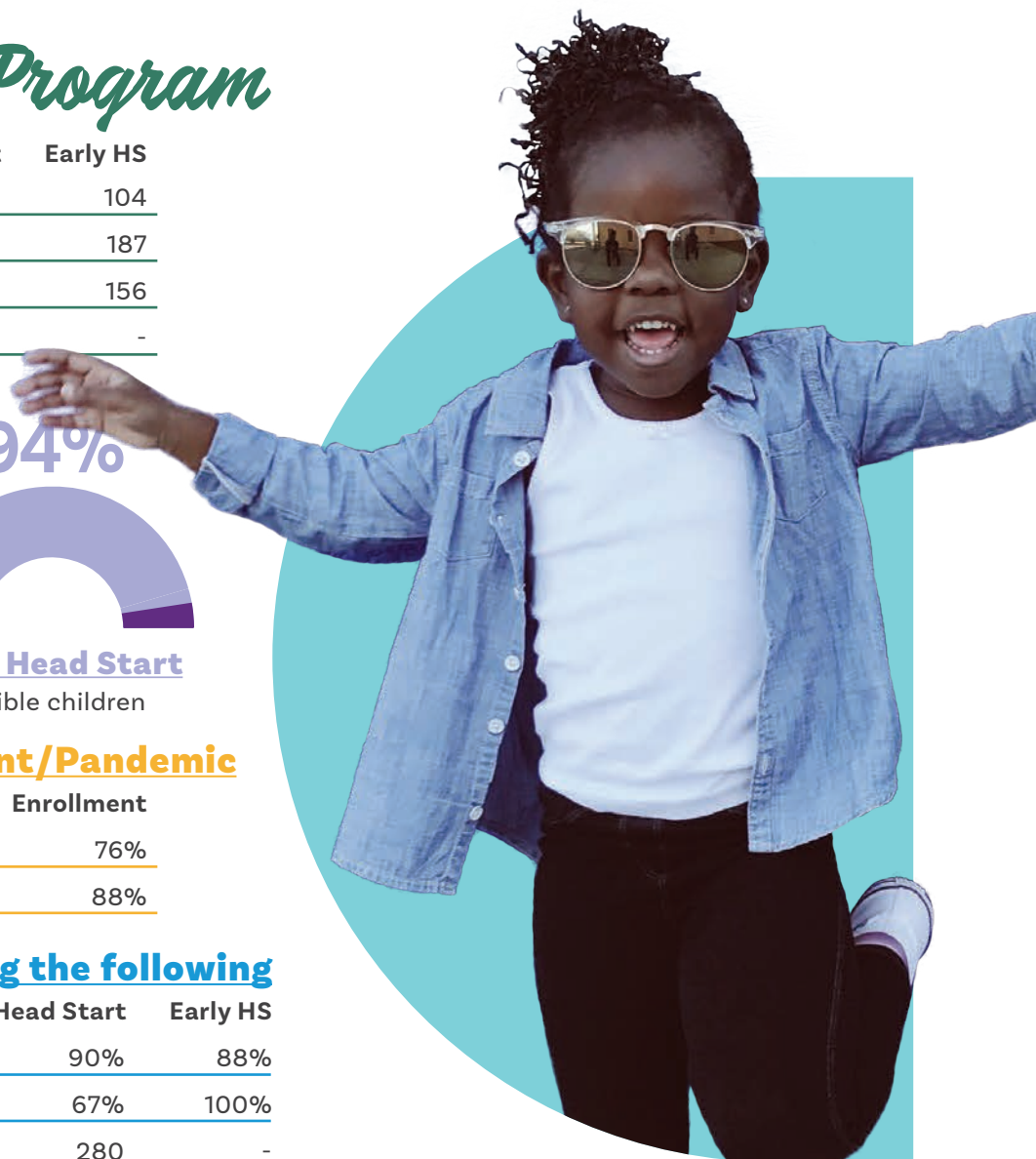


### Avg. Monthly Enrollment/Pandemic

Program Funded	Funded Avg.	Enrollment
Head Start	498	76%
Early Head Start	92	88%

### % of Children Receiving the following

	Head Start	Early HS
Up-to-date on physical exams	90%	88%
Received oral examinations	67%	100%
Transitioned to kindergarten	280	-

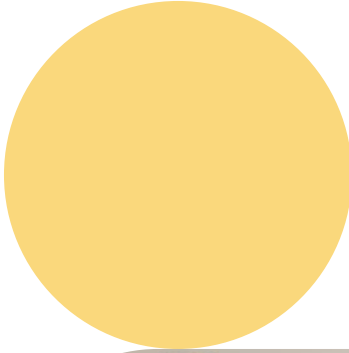




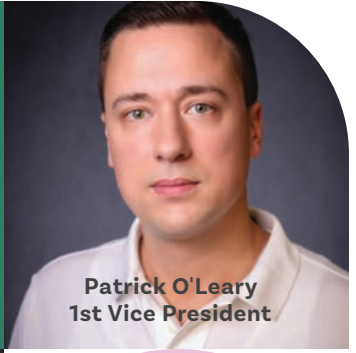
# Alta Care Group

*Board of  
Directors*

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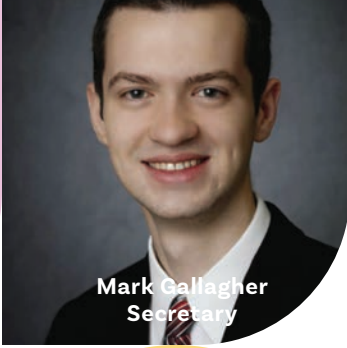
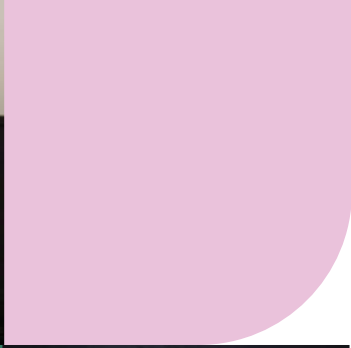
Leigh Samargia-Pflug  
President



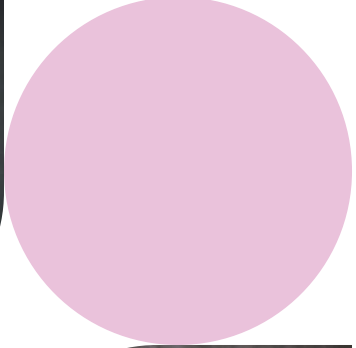
Patrick O'Leary  
1st Vice President



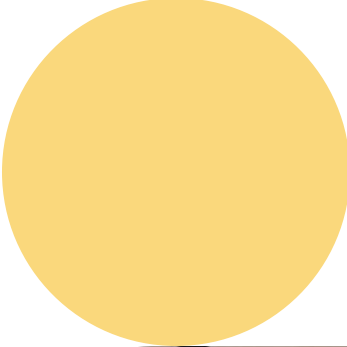
Kelly Frammartino  
2nd Vice President



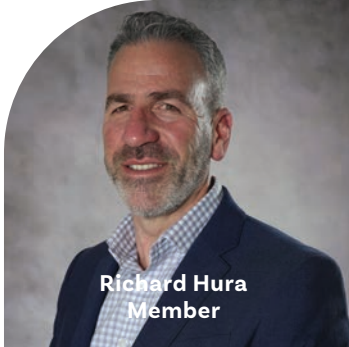
Mark Gallagher  
Secretary



Jessica Foster  
Treasurer



Susan Moorer  
Member



Richard Hura  
Member



Vincent Peterson II  
Member



Ian McKenna  
Member



Thomas Phillips  
Member



Steven Yacovone  
Member



James Gibbs  
Member



Dorothy Macklin  
Member



**Alta  
Care  
Group**  
*Partners*

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## Partners and Supporters

ACLD Learning Center  
 Akron Children's Hospital  
 Beard Pension Services  
 Belmont Pines Hospital  
 Better Business Bureau  
 Boardman Local Schools  
 Cadence Care Network  
 Campbell City Schools  
 Child & Adolescent Behavioral  
 Health Center of Excellence  
 (CWRU)  
 COMPASS Family & Community  
 Services  
 Comprehensive Psychiatry  
 DCW  
 Dr. Michael Cafaro  
 Dr. Michael Woloschak  
 Easter Seals of Mahoning,  
 Trumbull, & Columbiana Counties  
 GBS  
 Genoa Healthcare  
 Governor's Office of Faith-Based  
 and Community Initiatives  
 Gregg Strollo  
 Harrington, Hoppe & Mitchell  
 Help Network of Northeast Ohio  
 I Am Boundless  
 Involta  
 Jerome & Brenda Underwood  
 John & Denise Debartolo York  
 John & Kelly Frammartino  
 John & Cathy Pelusi  
 Kids Choice Pediatrics  
 Mahoning County Mental Health  
 & Recovery Board

Mahoning County Career and  
 Technical Center  
 Mahoning County Children  
 Services  
 Mahoning County  
 Commissioners  
 Mahoning County District Board  
 of Health  
 Mahoning County Domestic  
 Relations Court  
 Mahoning County Family &  
 Children First Council  
 Mahoning County Juvenile Court  
 Meridian Healthcare  
 NAMI  
 NEOMED  
 OCCHA  
 OH WOW! Event Rental  
 Ohio Department of Mental  
 Health and Addiction Services  
 Ohio Mental Health Network for  
 School Success  
 One Time For The Kids  
 Foundation  
 One Health Ohio  
 PNC Grow Up Great  
 Poland Local Schools  
 Potential Development  
 Public Library of Youngstown and  
 Mahoning County  
 Ryan Giambattista HELMS  
 Foundation  
 Sebring Schools  
 Spartan Software  
 St. Rose Catholic School

Stambaugh School  
 Strollo Architects  
 The Counseling Center  
 The Ohio State University  
 Extension, Mahoning County  
 The Staff at Alta Care Group  
 Trumbull County Mental Health &  
 Recovery Board  
 Trumbull County Family & Children  
 First Council  
 United Way  
 Ursuline High School  
 Ursuline Sisters HIV/AIDS Ministry  
 U.S. Department of Health &  
 Human Services  
 Warren City Schools  
 Western Reserve Port Authority  
 William Swanston Fund  
 YoFresh  
 Youngstown Foundation  
 Youngstown State University  
 Youngstown YMCA



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