



## WHAT DEFINES A CRISIS?

In most situations, the crisis is defined by families or staff and can include:

- Escalating emotional or behavioral issues
- Mental health issues
- Addiction and substance abuse
- Physical and emotional trauma
- School truancy
- Running away from home
- Parent/child or caregiver/child conflicts
- Grief
- Suicidal ideation

**CALL 1-888-418-MRSS  
TO START THE REFERRAL**

# MRSS

## MOBILE RESPONSE STABILIZATION SERVICES

1-888-418-MRSS (6777)



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### *Developed in Partnership By:*

MRSS Ohio

Child and Adolescent Behavioral Health Center of  
Excellence at Case Western Reserve University

OHIO MHAS

Ohio Rise

Mahoning County Mental Health & Recovery Board



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## MOBILE RESPONSE STABILIZATION SERVICES

**CALL 1-888-418-MRSS**

# MRSS:

## HELP WHEN AND WHERE YOU NEED IT.

Alta Behavioral Healthcare's Mobile Response Stabilization Services (MRSS) is a team of clinical and support staff providing emotional triage to stabilize crises where and when the situations occur in as little as 60 minutes. MRSS is an alternative to in-patient care designed for youth and young adults under the age of 21 who are experiencing severe behavioral or emotional distress — giving them immediate care and on-going support.



## CONTINUED SUPPORT

MRSS brings the care where you need it the most. Clinical and peer recovery support staff help de-escalate situations and provide support to staff and families to prevent future crisis events. While Alta's MRSS Team responds immediately to a crisis, they also ensure the client — once stepping down from MRSS — is linked to other services that may be appropriate.

## FOR YOUTH AND FAMILIES, MRSS PROVIDES THE FOLLOWING:

- Safety assessment and planning
- De-escalation
- Support for parents from another peer with lived experience
- Recommendations for building coping skills and strategies
- Connection to resources
- Up to 6 weeks of on-going support in school and at home

## A TEAM EFFORT

Alta's MRSS Team uses local staff to provide instant care. Each team dispatched is composed of an Alta licensed clinician and peer recovery support staff to continue care when needed. All staff are trained by The Child and Adolescent Behavioral Health Center of Excellence at Case Western Reserve University and certified by the Ohio Department of Mental Health and Addiction Services.

## HOW DOES MRSS WORK?

If family and/or staff need assistance, all they need to do is call 1-888-418-MRSS. They can expect to be contacted by Alta's MRSS Team within an hour. This service is available daily 24/7.

