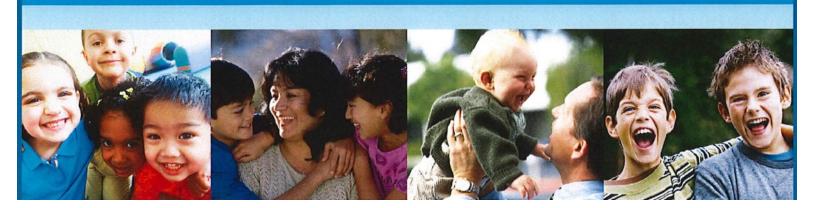
## Small changes, big differences.





5/12 Bedtime Routines
5/19 Dealing with Disobedience
5/26 Managing Fighting and Aggression
5pm-7pm

## **ZOOM**

Meeting ID: 830 9084 5558 Passcode: 822207

## **Triple P Helps You:**

- Raise happy, confident kids
- Manage misbehavior so everyone in the family enjoys life more
  - Set rules and routines that everyone respects and follows
    - Encourage behavior you like

\*\$25 gift card will be given to each person who completes the class and surveys

Email Jamie at Jamieb@altacaregroup.org to sign up



