

Small changes,
big differences.



5/12 Bedtime Routines
5/19 Dealing with Disobedience
5/26 Managing Fighting and Aggression
5pm-7pm

ZOOM

Meeting ID: 830 9084 5558

Passcode: 822207

Triple P Helps You:

- Raise happy, confident kids
- Manage misbehavior so everyone in the family enjoys life more
- Set rules and routines that everyone respects and follows
- Encourage behavior you like

***\$25 gift card will be given to each person who completes the class and surveys**

Email Jamie at Jamieb@altacaregroup.org to sign up