

Alta Care Group 2019-2020 Annual Report





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A message from *Joe Shorokey*

**What's left to say about 2020?
I don't think there are many among us
who haven't put it in our rearview mirror
and said "so long, glad you're gone."**

For most of us adults, we're pretty good at playing the long game. We can compartmentalize 2020 as one horrific year and down the road perhaps even be able to say, "yeah, that was one crazy year." We have had the advantage of life experience, bouncing back from adversity, and maybe most importantly, our education is completed and our social-emotional selves have matured.

Unfortunately, this is not the case for our children.

They have had a year of critical development interrupted educationally, socially and emotionally. Their readiness to move smoothly into their next developmental stage, their next grade level, to reintegrate socially all may be just a little more tentative and a bit more challenging for some.

It is our hope at Alta that we keep in mind that children, adolescents and

even young adults haven't had the advantage of our life experience in managing the effects of a year like none of us have experienced before. With patience, understanding, and support though, we know that they too will be able to say, "yeah, that was one crazy year."

Despite the chaos of 2020, Alta Care Group has not only been able to persevere, but we continued to develop and add locations, services and programs to innovatively meet the needs of our community's youth. We are very excited about the opening of two new facilities in 2021, our Center for Mental Health & Wellness at the Mahoning Valley Campus of Care, which includes a new Head Start/Early Head Start location and an anticipated new building at our Camp Challenge Site. We have also added new services and programs, so we invite you to take a look at the following pages for a snapshot of all we have to offer.

OUR CORE VALUES

COMPASSION

We will work to understand the points of view of those we serve and work alongside with.

TRUST

We will demonstrate integrity and reliability to those that we serve and to the community.

FAIRNESS

We will be consistent and equitable in how we treat those we serve and those we work alongside with.

EXCELLENCE

We will strive to improve the organization so that the persons we serve recognize our commitment to excellence.

TRANSPARENCY

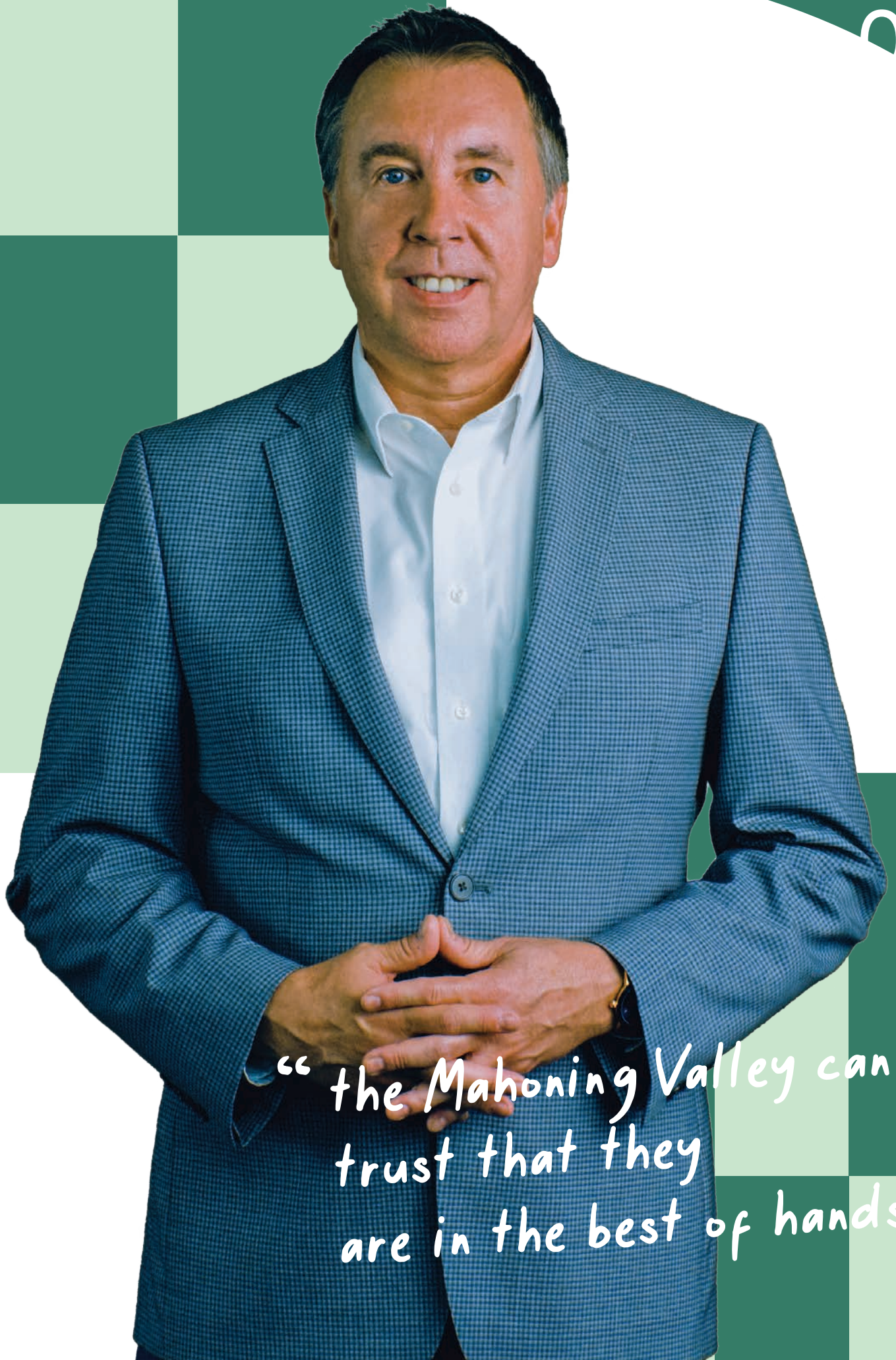
The rationale for decisions made by the organization and its staff in all of its dealings will be clearly communicated.

COLLABORATION

We will work in partnership to achieve shared goals with the people we serve, our staff, and other systems and organizations in the community.

ETHICAL

The practices at all levels of the organization will be based on professional ethics and the golden rule of treating all with dignity and respect.

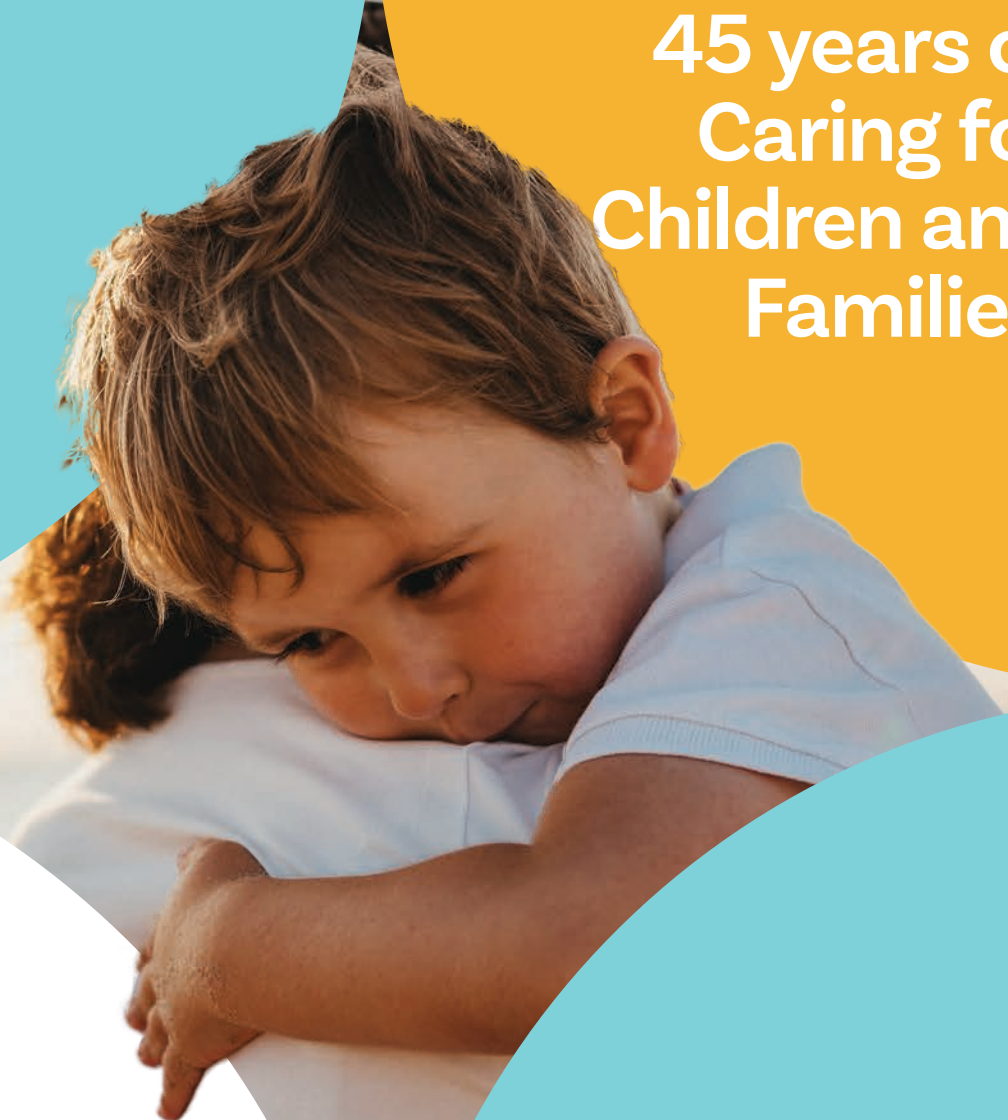


“the Mahoning Valley can
trust that they
are in the best of hands”

Alta Care Group

The Valley's leader in
children's emotional
and behavioral
healthcare.

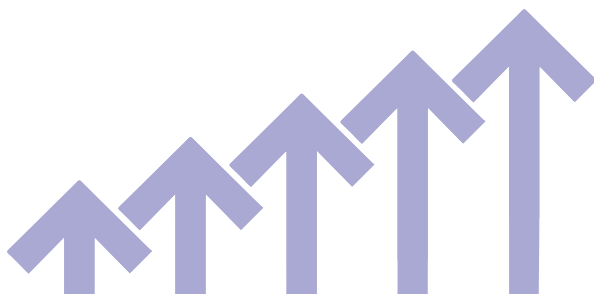
45 years of
Caring for
Children and
Families.



Results

Alta Behavioral Healthcare is devoted to providing the highest quality of professional care to children, teens and their families.

Our staff is highly skilled in helping families understand their situations and what needs to be done to bring practical solutions to the problems they face.



Alta Head Start Preschool is much more than playtime.

Our degreed teachers help children ages birth to 5 years old develop reading skills, good learning habits, social skills and self confidence. There are no fees, and hot nutritious meals and health and dental services are provided.

Condensed statement of revenues and expenses Support revenue for FY 2019-2020

\$8,877,411 Grant Revenue	\$2,428,223 Medicaid Fees
\$658,939 Mental Health Board Program Funds	\$403,186 Contract Income
\$214,797 Third-Party Fees	\$92,278 Self Pay
\$19,265 Donations	\$9,753 Investment Income (Loss)
\$15,699 Miscellaneous	\$2,387,973 Non-Federal Match
\$15,107,524 Total Revenue	


Operating expenses for FY 2019-2020

Salary & Wages: \$6,494,776	Supplies: \$528,188
Fringe Benefits: \$2,666,830	Travel & Training: \$168,994
Contractual: \$1,277,952	Other Misc.: \$905,465
Occupancy: \$656,878	Non-Federal Match: \$2,387,973


Total Expenditures: \$15,087,056

Parent Engagement


Alta Head Start provided many family engagement activities over the year.




Alta Head Start utilized Strengths, Needs, Interests, Parent Survey (SNIPS) and Family Outcomes Survey (FOS) from CCR Analytics as well as Parent Gauge Program to collect data on family progress and growth.



Several parent meetings included mini child development trainings which gave the parents a better understanding of the development of their child as well as educational activities to complete with their child.



The fathers and other significant males in the children's lives were provided engagement opportunities through a Supermen Read literacy program as well as were provided activities and information through the technology available to us.



The parents were given several opportunities for parent education through the Incredible Years Parent Education Program that was offered three times a year, Triple P Seminars and Triple P

Discussion groups, as well as, with the Ohio State University Extension Parent Nutrition Education program. We also use Ready4K, which is an evidence-based family engagement curriculum delivered

via text messages. Each week, parents and caregivers receive fun facts and easy tips on how to promote their children's development by building on existing family routines.



Throughout the program year, parents were provided the following engagement activities:

The Green Team Recycling program, Home Fire Prevention, Car Seat Safety, Pedestrian & Bus Safety, use of library services, parent/child home projects, Weekly Reader Parent/Child Homework interaction, and Farmer's Markets. All events provided education for parents and children. Due to COVID, spring events were not able to be implemented in the standard format; however, the parents were provided activities and information through the technology available and contactless home drop off.

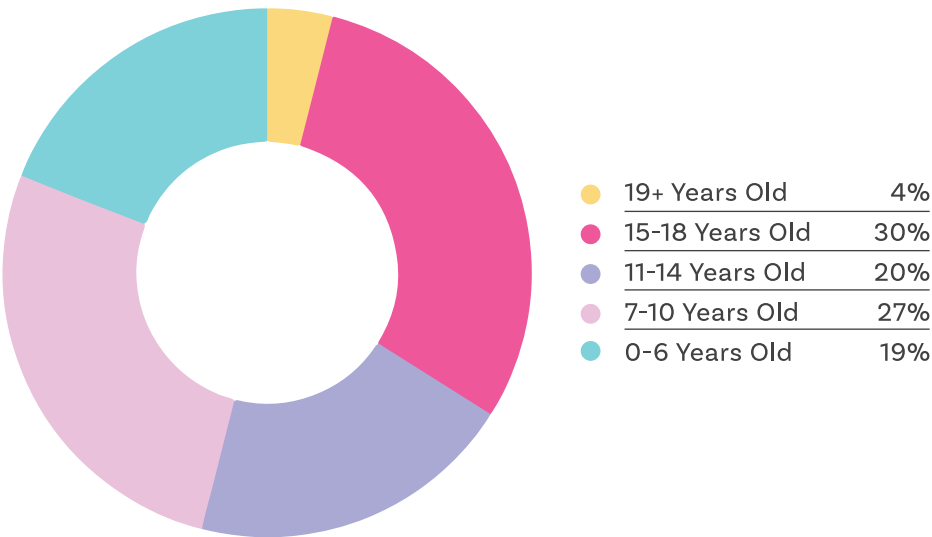
Parents were provided with Education, Mental Health and Nutrition learning activities to do with their child throughout the school year.

Many parents took advantage of these opportunities which resulted in more parent engagement.



Behavioral Health Demographics

Age Groups



Race

Fifty-Six %
Caucasian

Twenty-Nine %
African-American

Eleven %
Hispanic

Four %
All other

Shown in percent

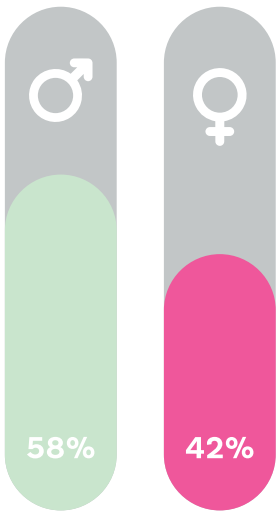
2,363

Children and Youth Served



= 30

Gender



MH is Vital Initiative

Mental Health is Vital was created to communicate the importance of mental wellness, promote the recognition of mental health as our fifth critical vital sign, and increase recognition of the ease of access to care. Funding for this initiative was provided by the Ohio Governor's Office of Faith-Based and Community Initiatives and the Mahoning County Mental Health and Recovery Board.

The hallmark of the campaign was an art contest, hosted alongside The Ryan Giambattista HELMS Foundation of the Mahoning Valley where the winning art submission was featured on billboards throughout the community.

16,440

Total Weekly Engagements

42,823

Total Reach

49,169

Total Daily Imp.

165,124

Total Monthly Viral Imp.

33,323

Total Video Views

5,574

Total Monthly Mentions

👍 13,700

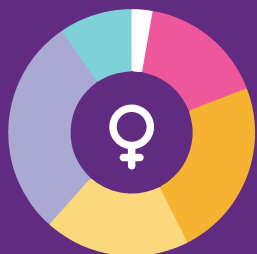
Top Performing Post



Followers

72%

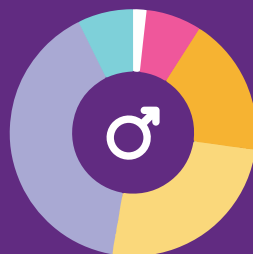
Women



●	18-24 Years Old	2%
●	25-34 Years Old	12%
●	35-44 Years Old	17%
●	45-54 Years Old	14%
●	55-64 Years Old	21%
●	65+ Years Old	7%

28%

Men



●	18-24 Years Old	1%
●	25-34 Years Old	2%
●	35-44 Years Old	5%
●	45-54 Years Old	7%
●	55-64 Years Old	10%
●	65+ Years Old	2%

Give Your Child A Great Head Start

The program strives to create a learning environment that develops cognitive, social, emotional and physical skills.
The program encourages parents to engage in their children's learning development, as well as accomplishing their own goals.

Head Start is a comprehensive child development program which serves children age three to compulsory school age. The overall goal of Head Start is to increase school readiness and social competence in young children in low-income families, helping them to meet the kindergarten readiness goals. Our Head Start programs as well as other Head Start programs in Ohio have their education curriculum in alignment with State Pre-K Standards. Children participate in a variety of educational activities that reflect best practices in early childhood education.



Early HEAD START



Designed for children 0-3 years of age, this full-day, full-year program provides enrichment and sensory stimulation to their minds, preparing them for the learning process in either a center-based option or a home-based option. Unique to this program are services to pregnant women, providing them with support and education to assist them on their journey to motherhood.

The mission of the Early Head Start program is to:



promote healthy
prenatal outcomes
for pregnant women



promote healthy
family functioning



enhance the
development of very
young children

In Early Head Start we support early bonding and attachment in the child-parent relationship and child caregiver relationships. Once the children turn 3 years old, they transition into our Head Start program.

School Readiness

The Alta Head Start Program prepares children for kindergarten by providing them the opportunities to learn in group settings, ensuring they are socially and emotionally ready for kindergarten. A total of 365 children transitioned into kindergarten at the end of the 2019-2020 school year. To prepare these children and families, quarterly transition materials were shared with the families.



Results

Alta Head Start/ Early Head Start 2019-2020

	Budgeted	Expended
Head Start Base Grant	\$6,332,708	\$6,332,708
Training and Technical Assistance	\$72,990	\$72,990
COLA	\$112,089	\$112,089
Total	\$6,517,787	\$6,517,787

	Budgeted	Expended
Early Head Start Base Grant	\$1,292,426	\$1,292,426
Training and Technical Assistance	\$28,973	\$28,973
COLA	\$22,876	\$22,876
Total	\$1,344,275	\$1,344,275

	Budgeted	Expended
Covid/ Summer Program	\$719,743	\$29,478
Total	\$719,743	\$29,478

	Budgeted	Expended
ODE Early Childhood Expansion	\$336,000	\$336,000
Total	\$336,000	\$336,000

Grand Total
\$8,917,805

Budgeted

\$8,227,540

Expended

Balance of Covid funds for 20-21 year
\$690,265

Total Funding Received

Head Start	\$6,517,787
Early Head Start	\$1,344,275
HS Covid/Summer Program	\$29,478
Early Childhood Expansion	\$336,000
NFM	\$2,433,940

**Total NFM Report of \$2,769,940 included ECE funds and other non-GAAP donations of \$45,967*

Grand Total
\$10,661,480

Children's developmental outcomes are normally assessed throughout the school year utilizing Teaching Strategies Gold (TSGold).

The TSGold is an ongoing observation system the program uses to assess children ages 6 weeks to 5 years old. However, due to the Covid-19 pandemic, the children were assessed two out of the three checkpoints. The following table reflects those 365 children transitioning into kindergarten and meeting/exceeding in the domain areas through the end of the winter quarter. The final checkpoint in the spring was not able to be completed.

Social/Emotional

76%

Physical (fine & gross motor)

80%

Language

69%

Cognitive

72%

Literacy

69%

Mathematics

73%

Enrollment Program

	Head Start	Early HS
Funded Enrollment	731	88
Total Served	891	163
Families Served	816	140
ECE Slots	84	-

90%

**Head Start**

Eligible children

91%

**Early Head Start**

Eligible children

Avg. Monthly Enrollment

Program Funded	Funded Avg.	Enrollment
Head Start	731	100%
Early Head Start	88	100%

% of Children Receiving the following

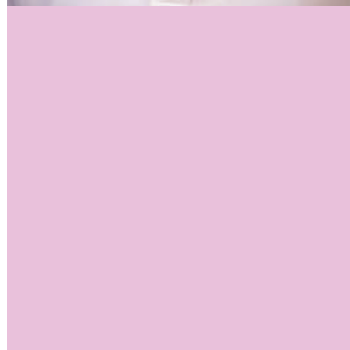
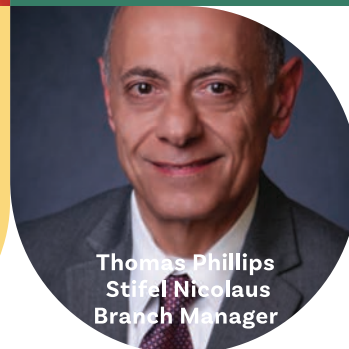
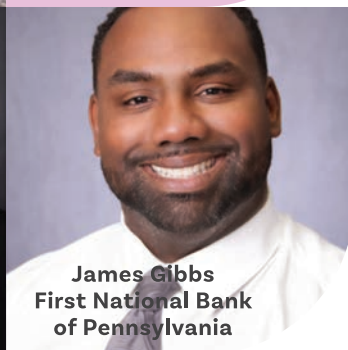
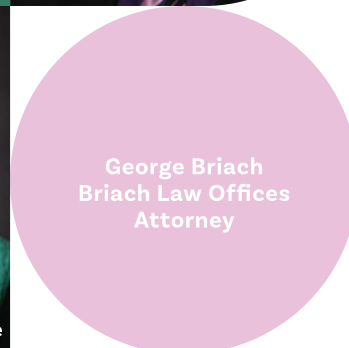
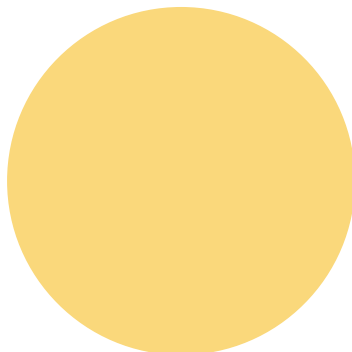
	Head Start	Early HS
Up-to-date on physical exams	94%	61%
Received oral examinations	51%	61%
Transitioned to kindergarten	365	NA





Alta Care Group

Board of Directors





Alta Care Group *Partners*

Partners and Supporters

ABA Therapy Solutions LLC
 ACLD Learning Center
 Akron Children's Hospital
 Beard Pension Services
 Beatitude House
 Belmont Pines Hospital
 Better Business Bureau
 Boardman Local Schools
 Butterflies and Hope Memorial
 Foundation
 Cadence Care Network
 Campbell City Schools
 Catholic Charities Regional Agency
 Colin Chester
 Compass Family & Community
 Services
 Comprehensive Psychiatry
 Craig Brenner
 Dr. Michael Cafaro
 Dr. Michael Woloschak
 GBS
 Genoa Healthcare
 Governor's Office of Faith-Based
 and Community Initiatives
 Gregg Fine
 Harrington, Hoppe & Mitchell
 Help Network of Northeast Ohio
 Hine Memorial Fund
 Involta
 Jerome & Brenda Underwood
 JFK Catholic School
 John & Kelly Frammartino
 John & Cathy Pelusi
 Kids Choice Pediatrics

Mahoning County Mental Health
 & Recovery Board
 Mahoning County Career and
 Technical Center
 Mahoning County Children's
 Services
 Mahoning County District Board
 of Health
 Mahoning County Domestic
 Relations Court
 Mahoning County Family &
 Children First Council
 Mahoning County Juvenile Court
 Mazza's Heating & Cooling
 Mercy Health Foundation
 Meridian Healthcare
 Neil Kennedy Recovery Clinic
 NEOMED
 OCCHA
 OH WOW! Event Rental
 Ohio Department of Mental
 Health and Addiction Services
 Ohio Mental Health Network for
 School Success
 Ohio North East Health Systems
 PNC Grow Up Great
 Potential Development
 Preferred Benefits
 Public Library of Youngstown and
 Mahoning County
 Ryan Giambattista HELMS
 Foundation
 Sebring Schools
 Spartan Software

St. Rose Catholic School
 Strollo Architects
 The Counseling Center
 The Ohio State University
 Extension, Mahoning County
 The Staff at Alta Care Group
 Tiny Faces
 Trumbull County Mental Health &
 Recovery Board
 Trumbull County Family & Children
 First Council
 United Way
 Ursuline High School
 Ursuline Sisters HIV/AIDS Ministry
 Valley Counseling Services
 William Swanston Fund
 Yale University
 Youngstown Foundation
 Youngstown State University



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