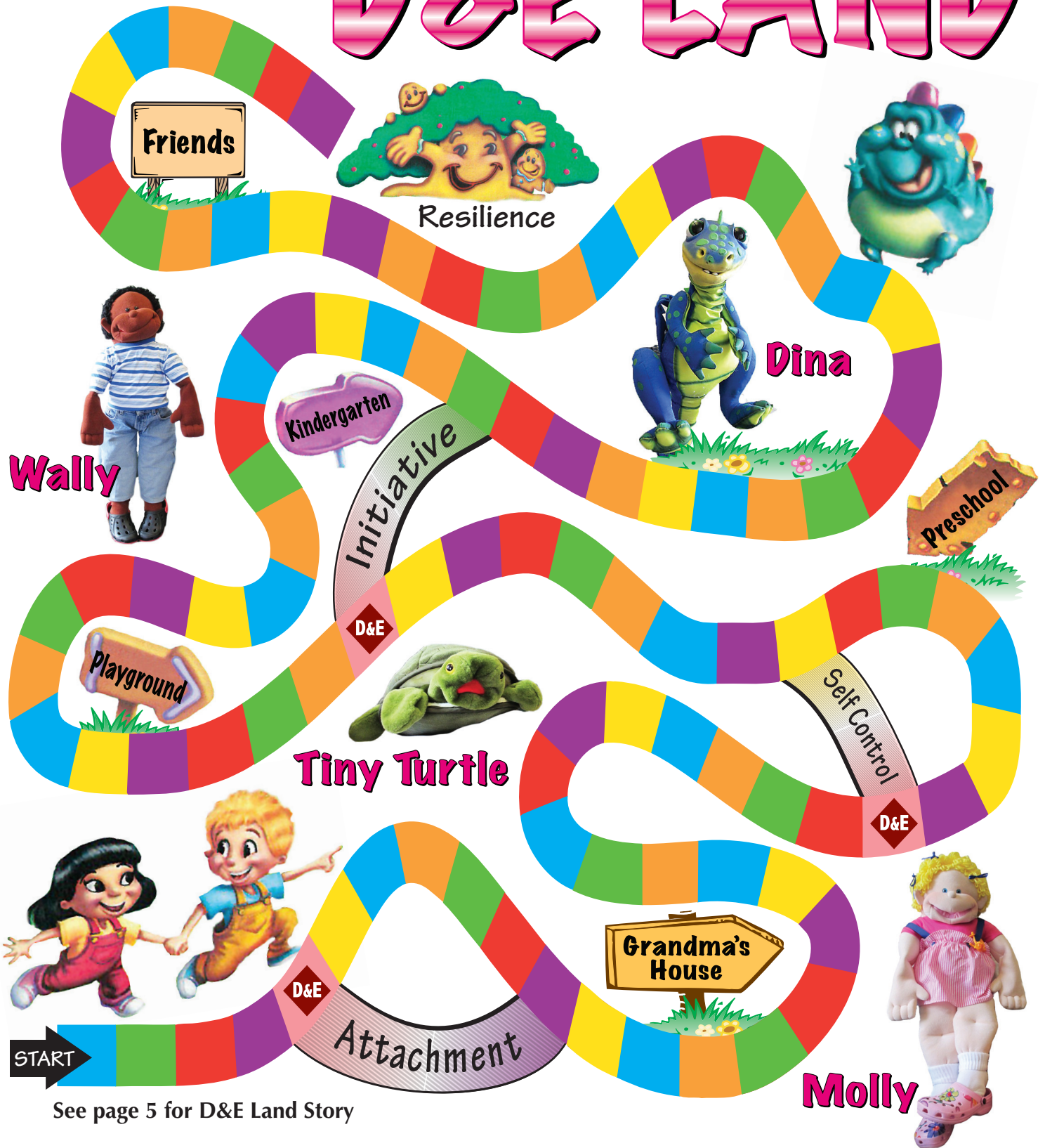


D&E LAND



See page 5 for D&E Land Story

Annual Report 2013

Message from the Executive Director & Board President

As described in the Clinical and Program Director's report on page 3, the Center this year has worked very hard to grow its client care skills and its capacities to address the child and family mental health needs it has been asked to respond to on a daily basis from the 2,014 clients it served throughout this last year.

The Center remained focused in Fiscal Year 13 on realizing its belief that our best opportunities to have positive impacts on growing the mental health of children in our community lies in its ability to work within our community schools. Through partnering with teachers, guidance counselors and principals in developing collaborative responses to reducing the obstacles to learning that social-emotional disabilities create for children in the classroom, we also improve the chances that those children will find success in their academic, family and community life.



Greg Cvetkovic
Executive Director



James Gibbs
President, Board of Trustees

In this effort to collaborate with schools we remain fortunate to have had this last year the support of the following:

- The Youngstown City Schools continued to contract with the Center for the onsite provision of our counselors in twelve of their schools.
- The Swanston Charitable Fund awarded a grant to the Center which funded programs that supported school readiness and afterschool services for children at risk for school failure, as part of the Campbell Works for Children Project.
- The Mahoning County Board of Mental Health continued its contracting of our In-School Linkages Program which provides depression awareness, screening and suicide prevention programming in 24 area schools.

The Center has been a strong advocate of the benefits of providing training to early child caregivers in how to nurture positive social-emotional-behavioral (s.e.b.) development in children birth to 8. We were able in F.Y. 13 to receive funding from the United Way of Youngstown and Mahoning Valley as well as from the Community Foundation for the expansion of our UPSTREAM Plus Parent Home Mentoring Service. These grants have allowed the parents of Kindergarten through 2nd grade students to receive this service which prior to this year was limited to parents of pre-school children. An additional boost to this effort came in January of 2013 through a three-year grant from the Ohio Department of Mental Health and Addiction Services. The grant named the Center as one of 44 other agencies in the state to be funded to provide, within their geographic region, training in s.e.b. development to professionals involved in early child care.

The Center has dedicated itself to the full restoration of the historic Camp Challenge facilities (formerly known as the Fresh Air Camp). This last spring we completed a major renovation of the Camp's Social Hall. This renovation has allowed for year round use of the hall for providing large group activities to children and families participating in the Camp's summer and after school therapeutic recreation programming.

This last year we have made a significant investment in our Information Technology hardware enhancements and in software programming development. Both have allowed for off-site staff capacity to link with the Center's computer system and most importantly its electronic client records. It is the Center's goal to keep pace with advancement in these technologies for both what it offers for increasing worker efficiencies and for the incorporation of high tech behavioral health applications which have been shown to improve outcomes from prevention and symptom management services.

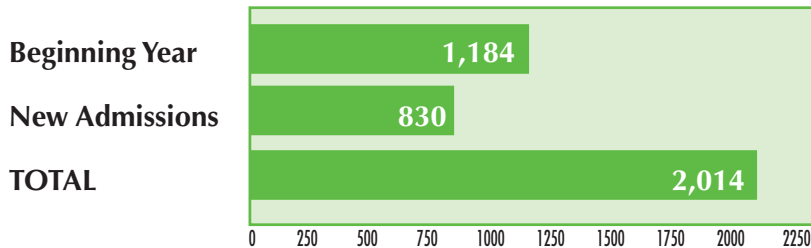
In F.Y. 13, through careful management of our assets, attention to increased efficiencies, aggressive seeking of private and public opportunities for programming support and the retention of a dedicated and skilled clinical care and administrative support staff, the Center has positioned itself for meeting the challenges that next year and beyond will confront our ability to sustain the programs and services we currently provide.


Greg Cvetkovic

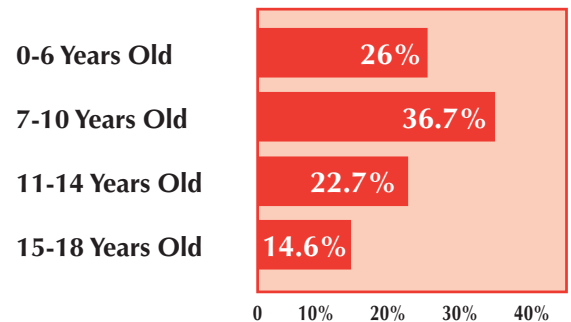

James Gibbs

2012-2013 Client Demographics

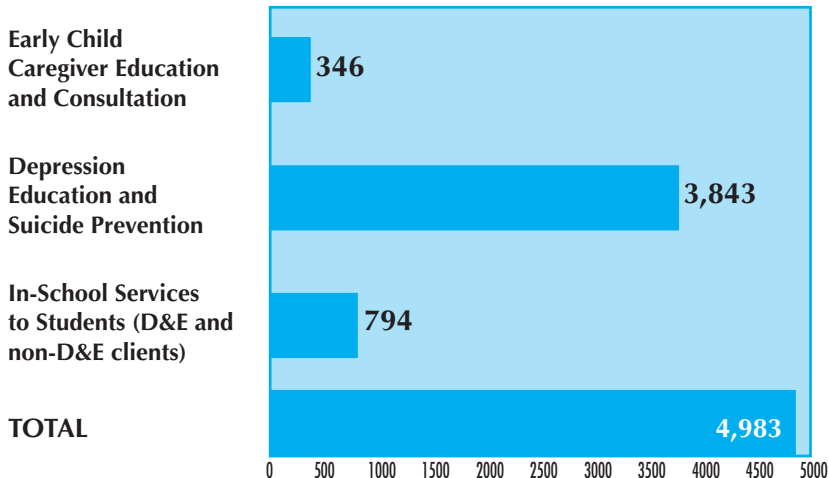
General Outpatient Services Client Count



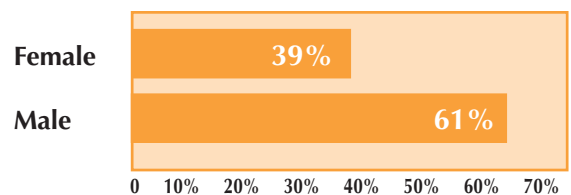
Age Groups



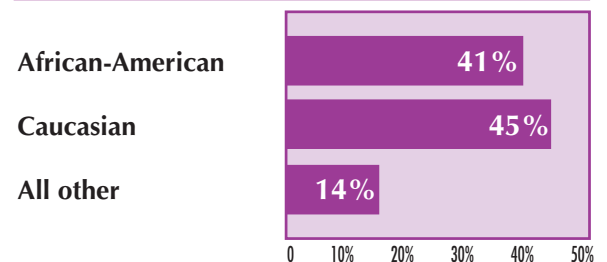
Special Programs Recipient of Services Count



Gender



By Race



Service Overview Fiscal Year 2012-13

	HOURLY UNITS
Community Support	4,211
Group Counseling	7,432
Individual Counseling	12,560
Medical Somatic (Psychiatric)	1,789
Diagnostic Assessment (Intake)	1,062
Early Child Caregiver Education & Consultation	1,754
In School Consultation (Classroom Connections)	2,975
School Based Suicide Prevention (Linkages)	1,980
In Home Parent Mentoring (SPARK)	2,000

Clinical and Medical Directors' Report

There are not that many “sure things” in life, but one that we in community mental health can count on is constant change. Change in the problems that our clients walk through the door with, change in the practices we use to address those problems, and changes in technology, funding, rules, and on and on.

We are very proud of our ability to meet the challenges of those changes, to adapt to new and innovative approaches and technologies, and to develop or grow initiatives to keep the D&E Counseling Center on the cutting edge of mental health services for children, adolescents and families.



Joe Shorokey
Clinical Director



Dr. William Price
Medical Director

Over the past year, the Center's Trauma Unit has grown in both size and clinical skills and credentials. Our team is now comprised of seven therapists who have, and continue to participate in, ongoing training and clinical development in the area of mental health treatment of childhood trauma and other adverse childhood experiences. Additionally, all of our trauma staff have completed the certification requirements for the International Association of Trauma Professionals.

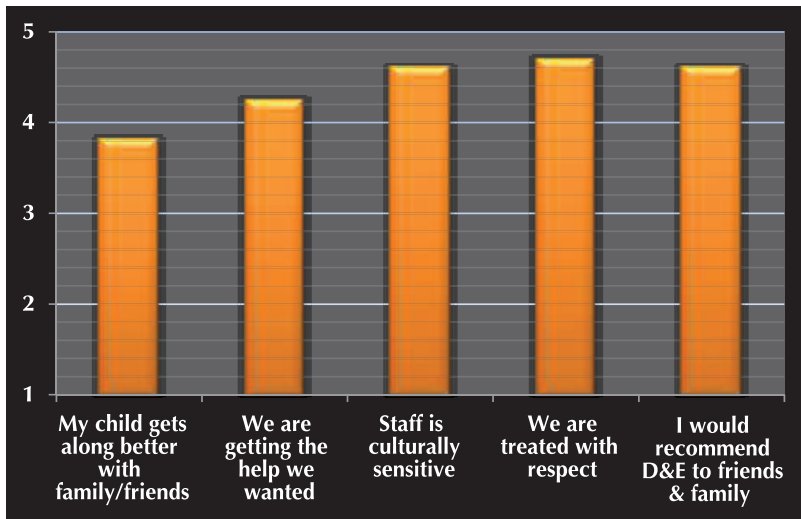
Just about one year ago, we were all shocked and saddened by the tragedy in Newtown, Connecticut. In the aftermath of this tragedy, there was (at least temporarily) a focus on the national state of mental health services and improving the recognition of mental health problems in youth and adults. The National Council's "Mental Health First Aid Program" has frequently been cited as an effective public education program that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders. The D&E Counseling Center recognized the value of this program and now has a nationally certified Youth Mental Health First Aid Trainer available to provide trainings in our community and elsewhere.

During the past year, the administrative and clinical leadership of the Center spent a significant amount of time planning and preparing for the development of an integrated primary and behavioral healthcare model of service delivery. As such, the Center is positioned for the phase-two certification process by the Ohio Mental Health and Addiction Services to become a Health Home. While the state has delayed this initiative until 2014, it is our goal to become a certified Health Home and we continue to develop partnerships and alliances to integrate primary care services with our mental health services.

Finally, as I stated earlier, we are continuously focused on meeting the clinical and technological challenges that are needed to grow and remain a quality provider of mental health services to children, youth and families. Below are just some of the initiatives that we have accomplished during the year, or are actively working on:

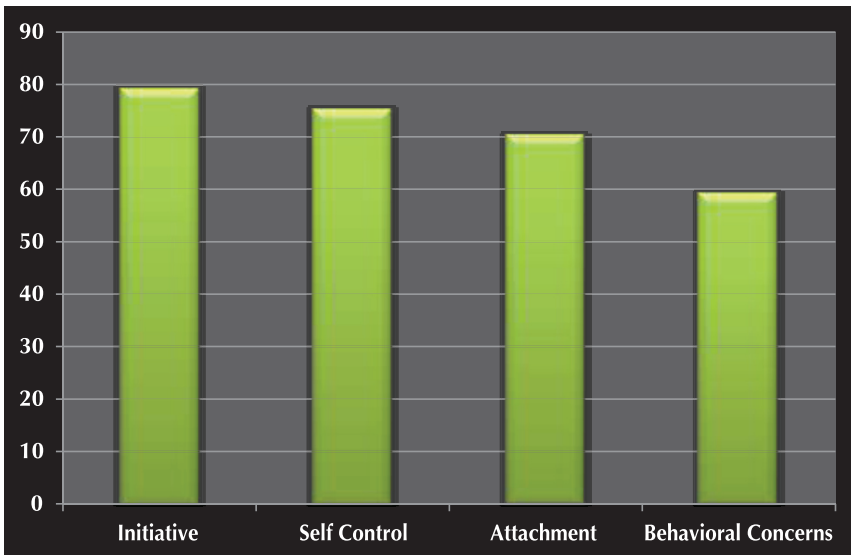
- Completed year-long staff development training in Motivational Interviewing
- Developed partnerships with Case Western Reserve University, Kent State University and University of Akron to become an internship site for their Mental Health Nurse Practitioner Programs.
- Incorporated SBIRT (Screening, Brief Intervention and Referral to Treatment) into our diagnostic assessment process and built a screening tool into our electronic health record.
- Completed the modernization of our Media Room and upgraded our video-conferencing, tele-conferencing, SMART Board technology, and video/audio taping capacity for supervisory and training purposes.
- Instituted a plan to have a completely paperless electronic health record for all new admissions to the Center beginning January 2014.
- Expanded our school-based mental health service (Classroom Connections) at Campbell Elementary/Middle Schools, Lowellville Elementary, Middle and High Schools, and are continuing at West Branch Schools, with the support of the Mahoning County Mental Health Board.
- Continuing to plan for the development and re-initiation of Intensive Family Preservation Services to prevent out-of-home placement and more restrictive interventions for some of our county's most challenging youth.

Service Outcomes



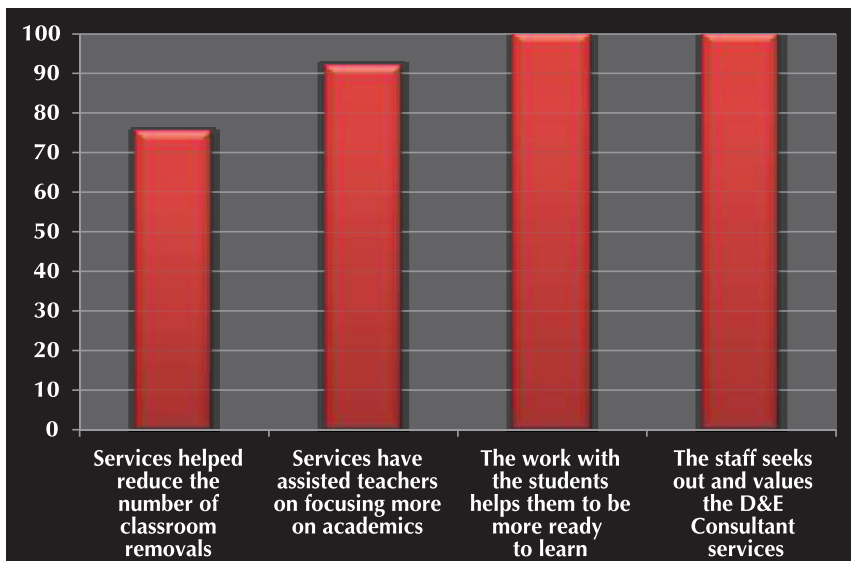
Family Clinic Satisfaction Survey

On a scale of 1-5 (with 1= "not at all" and 5= "very much so"), parents were asked to fill out a survey regarding how they feel about services their child received and their overall experience with D&E. The chart shows the average scores from 149 families who responded to the Youth Services Survey.



Early Childhood Mental Health Consultation

The overall goal of consultation services is to improve the social-emotional and behavioral health of young children by increasing protective factors and reducing behavioral concerns. As noted in the chart, teachers of 145 preschool children reported an overall percentage of improvement on each of the scales after D&E services.



Classroom Connections

D&E staff in Youngstown City Schools provides counseling and interventions to address mental health needs and to reduce behavioral concerns that interfere with students learning. In the 2012-13 school year, 794 students (includes 314 D&E clients and 480 non-D&E clients) in 12 schools received D&E services. At the end of the school year, principals are asked to complete a survey about the services that were provided in their schools. The chart shows the percentages who agreed with the statement.

Condensed Statement of Revenues and Expenses

SUPPORT REVENUE FOR FY 2012-2013

Medicaid	64.33%
Contract	12.79%
Mental Health Levy Program Funds	7.91%
Private Foundation Grants	7.03%
Investment	1.74%
Donations	1.67%
Miscellaneous	1.28%
Federal Block Grants	1.14%
Third Party Insurance	1.03%
State Subsidy Funds	.79%
Self Pay	.29%

Total Receipts

100%

OPERATING EXPENSES FOR FY 2012-2013

Salary & Wages	69.55%
Fringe Benefits	15.02%
Building Expenses	4.80%
Equipment & Improvements	3.38%
Travel Expenses	2.70%
Operating Expenses	2.19%
Office Expenses	1.34%
Operating Supplies	.68%
Other (miscellaneous)	.34%


Total Disbursements

100%

D&E LAND Services



If you have ever played the game Candy Land with your preschool child or grandchild you have seen their excitement in moving up towards the Candy Castle. They soon understand the concept of achieving a goal, proudly advancing ahead when landing on that special picture square.

The cover of this year's annual report tracks a child's path to *Resiliency*, a goal that the Center works very hard on helping children to achieve. Attachment, Self Control and Initiative are the protective factors that children need to achieve resilience. These are located at the "jump ahead"  squares.



The various characters, (Dina, Wally, Molly, and Tiny Turtle) depicted along the path on the cover and pictured above are the puppets that our early childhood staff use to encourage very young children along their journey of developing positive skills, managing their feelings, building their relationship with other children and their involvements with the many adults that are part of their life.

The D&E Center works with adults in our community to improve their understanding of the importance of a child having or acquiring special people, relationships and supports in their lives that build in them the resiliency that will help them become more successful socially, emotionally, behaviorally and academically.

The Center's Incredible Years Program is provided by staff working in our UPSTREAM Early Childhood Department and is designed to nurture those skills that pre-school children need to interact appropriately with those special people and supports.

Dina, Wally and the others ask that, whenever possible, you remember to become a "special person" in the lives of the children you know.

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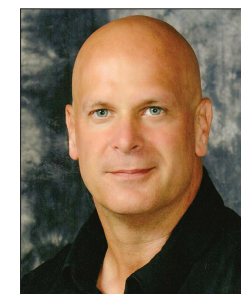
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Special Thanks

The D&E Counseling Center would like to once again express our grateful appreciation to those organizations that continue to generously donate support to our agency through grants, gifts, charitable donations and purchase of service agreements during FY 2013.

– WE THANK THE FOLLOWING –

Community Foundation of the Mahoning Valley
Mahoning County Educational Service Center
Mahoning County Job and Family Services
Mahoning County Mental Health Board
Mahoning/Youngstown Community Action
Partnership (MYCAP)
Ohio Children's Trust Fund
Ohio Department of Mental Health
and Addiction Services

Ohio Suicide Prevention Foundation
PNC Bank
Ronald McDonald House Charities of Ohio and
Western Pennsylvania
William Swanston Charitable Fund
United Way of Youngstown and the Mahoning Valley
Youngstown City School District



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