

D&E Counseling Center

2014 Annual Report



What's this page about? See Executive Director's Report

Message from the Executive Director

In 2014 our total clients served in outpatient treatment, while down 3.5% from last year, were provided with an increase in core units of services of 2.5%, reflecting a more concentrated client caseload in need of intensive care. Also the Center experienced a 20% growth in school based services, where many times the need to open the child as an active case is prevented. All other client demographic classifications remain at or near 2013 levels.

The Center was able in 2014 to sustain all its core services and special projects despite a continued freeze on reimbursement rates from its major receipt source for those services, that being Medicaid.

The Center remained committed to working with area schools to provide in-school intervention and teacher consultation programs (Classroom Connections) and expanded by four schools its student depression awareness and suicide prevention and screening program (Linkages). This expansion in the Linkages program was made possible with additional support from the Mahoning County Mental Health Board.

Of special note this last year has been the Center's development of an in-school alternative to suspension program at East High School. The Center began operating the program in February of 2014. We are privileged to be selected by the Youngstown City Schools to work with them toward the goal of reducing the number of disciplinary referrals and out of school suspensions, and to help their students make better choices regarding their behavior, choices that keep them in school and in class, learning and achieving toward graduation and a brighter future.

We also expanded in F.Y. 14 our Camp Challenge summer program from 6 to 10 weeks. The Camp serves seriously emotionally disordered children 7 to 12 years old. Through support from the Mahoning County Mental Health Board, this expansion gave access to an additional 45 children, children who previously were not able to enroll in the Camp's intensive counseling and therapeutic recreational services.

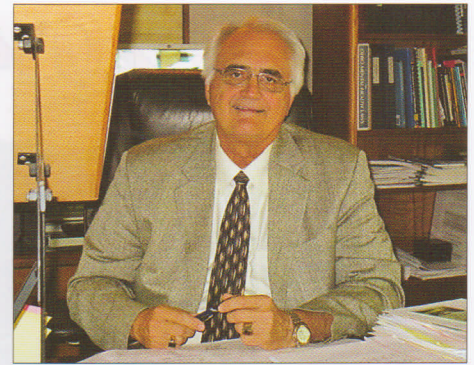
We expanded in 2014 our Trauma Treatment Unit's capacity to serve children with significant life traumas through expanding the number of nationally certified trauma therapists from 2 to 6. The Center is working to make all aspects of its' activities with children trauma informed and looking to expand the awareness of all those serving children in our community of the hidden roll trauma plays in many of lives of those children.

Our greatest challenge this last year was to find resources to support our in-home parent mentoring program as we struggled to find alternative funds to replace those lost due to the ending of Foundation based start up funding. For 2014, services were reduced by 30%. However, it is my belief that the outcomes the program has achieved over the last 3 years will open doors with both public and private funders, doors of those with a mission to grow opportunities for young children to start school ready to learn, doors of funders who understand that to achieve long term results we have to start as early as possible with children and their parents in the nurturing of emotional health and cognitive development.

We take pride in the very positive assessment by our consumers of our core services and special programs as reported on page 3, and remain committed to focus on improving our outcomes and to pay very close attention to the results we achieve in actualizing that goal.

The D&E Board of Trustees, in the second half of 2014, began its strategic planning process and in June adopted a 4 year plan directed to continued emphasis on staff training in best practices, exploring new partnerships with other healthcare providers and expansion of service site availability.

Lastly, and I do mean lastly, this will be my final opportunity to address you as Executive Director in a Center Annual Report. Beginning January of 2015 I will be retired from the E.D. position at D&E and entering the next chapter in my life journey.



Greg Cvetkovic
Executive Director

In the over 35 years I have had the privilege to serve as Director, I have also had the good fortune to get to know and work with some great people. This list includes wonderful and dedicated members of the Center's Board of Trustees, individuals who have committed their time and talent to forwarding the mission of the Counseling Center.

This list also includes hundreds of skilled and compassionate staff working in management, support and clinical care professions at D&E. Because of their work over my 35 years, the Center has been able to grow its reputation at a local and state level as an exemplary organization providing quality services and effective services to its community of children and teens struggling with emotional and behavioral disabilities.

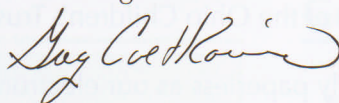
Mine has been a career over time where I have had the opportunity to get to know and work with many colleagues and organization leaders as well as public and private funders, all with a focus to improve the quality of life and success of children in our Valley, a focus that has inspired me to give my best also.

To all of you, THANK YOU for my chance to know you and work with you.

I wish you all success, health and happiness.

If, in the future, you are at one of the events I like to attend and can find me in the crowd (see Cover), please say hello.

Greg Cvetkovic




Condensed Statement of Revenues and Expenses

SUPPORT REVENUE FOR FY 2013-2014

Medicaid	63.24%
Contract	17.73%
Mental Health Levy Program Funds	8.56%
Private Foundation Grants	1.95%
Investment	2.75%
Donations	1.24%
Miscellaneous	1.40%
Third Party Insurance Insurance State	.75%
Subsidy Funds	2.17%
Self Pay	.21%
Total Receipts	100%

OPERATING EXPENSES FOR FY 2013-2014

Salary & Wages	70.64%
Fringe Benefits	15.44%
Building Expenses	3.62%
Travel Expenses	3.18%
Operating Expenses	4.65%
Office Expenses	1.90%
Operating Supplies	.44%
Other (miscellaneous)	.10%
Total Disbursements	100%

Clinical Director's Report

We all know that as we're moving through the daily grind of our work lives, it's easy to lose sight of what we've actually accomplished but when we reflect back and pay attention to those accomplishments, it can make one quite proud. Reflecting back on the 2013-14 fiscal year, we have much to be proud about!

Our designation as an internship site for psychiatric nurse practitioner students attending Case Western Reserve University, Kent State University, and the University of Akron continued to flourish with new interns during each academic semester throughout the year. We also expanded our psychiatric coverage during the year through additional time from our current providers.



Joe Shorokey
Clinical Director

The Center significantly expanded its group therapy services during the last year by adding several new programs. An evidence-based curriculum for group-based trauma treatment was initiated and has been very successful, receiving accolades from both parent and youth participants. Two staff were trained and certified in the Strengthening Families Program, another evidence-based group curriculum geared toward families, and our first group series was completed late in the year. A social skills group for high-functioning autistic children was initiated during the year as well. These are all in addition to our highly recognized Incredible Years Parent Program, which continues with the support of the Ohio Children's Trust Fund.

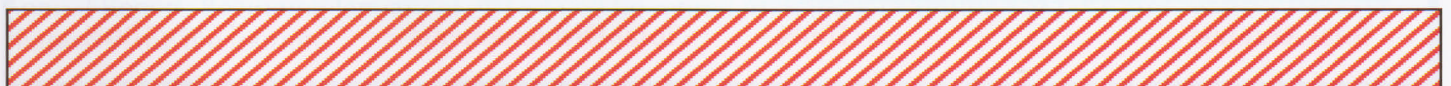
In January 2014, the Center went completely paperless as our electronic health record (EHR) was fully implemented. Additionally, we have been able to marry to our EHR electronically based behavioral assessment and outcome evaluation instruments for use by our staff and families as well. More on our outcome evaluation below!

As mentioned by our Executive Director, we were able to significantly expand our capacity within our Trauma Treatment Unit. All 6 of our staff have completed training and been certified by the International Association of Trauma Therapists. We were also able to partner with the trauma professionals at the acclaimed Allegheny General Hospital's Center for Traumatic Stress in Children and Adolescents for ongoing consultation and staff development.

A significant change occurred within our Community Psychiatric Supportive Treatment (CPST) program during the past year. Intensive home-based CPST services were added to our service array to better serve those children most at risk of not being able to be maintained in their natural environments. The Center also initiated the development of an after-hours mobile crisis intervention unit for this same purpose. It is expected for this unit to be fully operational in the Fall, 2014 and certification for Crisis Intervention Services will be pursued with the Ohio Department of Mental Health and Addiction Services and the Council on Accreditation in early 2015.

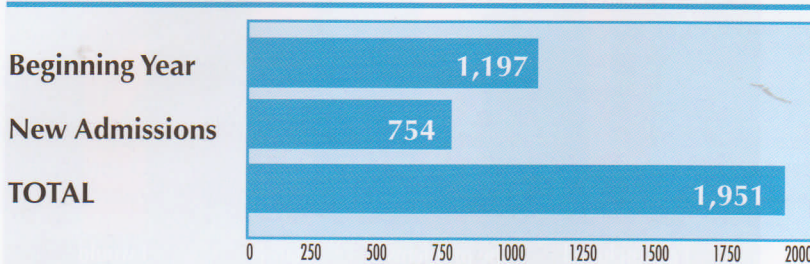
Now, back to our clinical outcomes and effectiveness! A new outcome evaluation process was put into effect last fiscal year and we are very proud of the results, as reported by parents. Between May 2013 and May 2014, there were 1,396 outcome instruments completed. Very briefly, the results reflect that for the ten major problem categories measured, improvement was noted in every area from Intake to the first 90-day Progress Review and that improvement continued in every area through the second 90-day (six months after intake) review period. Additionally, the vast majority of diagnostic categories (75%) showed improvement between Intake and the first 90-day Progress Review and that progress continued into the second 90-day review (six months after intake) for 84% of the diagnostic categories.

As we look forward, we are excited about the new initiatives that are in development and the continuation of the high quality services we are currently providing. While we do have much to feel proud about, we are not yet satisfied!

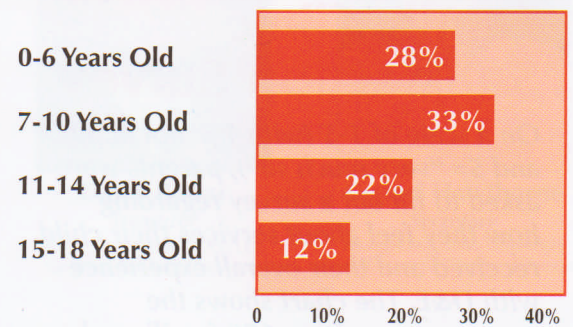


2013-2014 Client Demographics

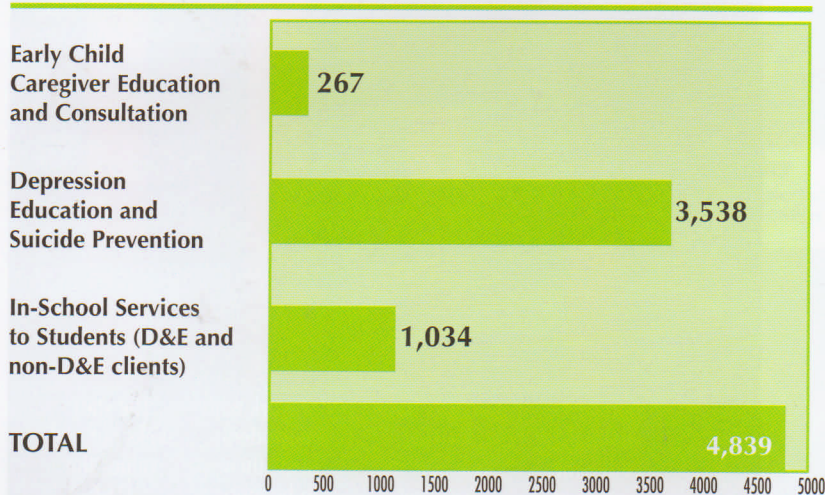
General Outpatient Services Client Count



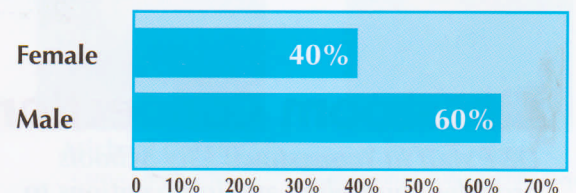
Age Groups



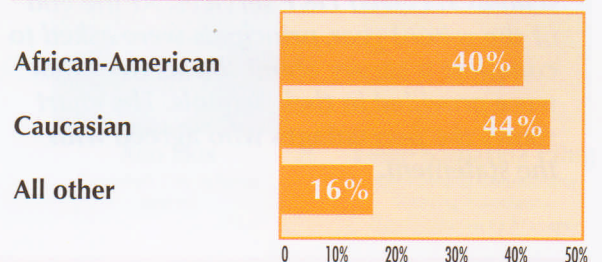
Special Programs Recipient of Services Count



Gender



By Race



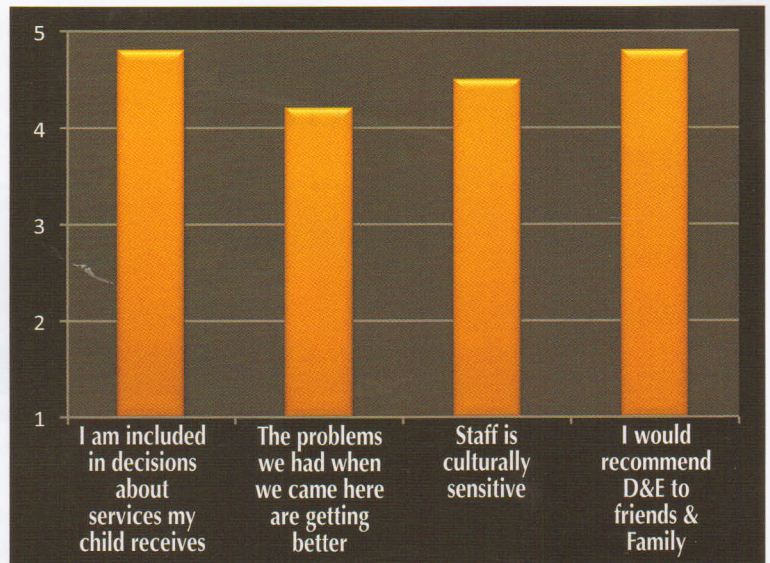
Service Overview Fiscal Year 2013-14

	HOURLY UNITS
Community Support	4,211
Group Counseling	7,432
Individual Counseling	12,560
Medical Somatic (Psychiatric)	1,789
Diagnostic Assessment (Intake)	1,062
Early Child Caregiver Education & Consultation	1,754
In School Consultation (Classroom Connections)	2,975
School Based Suicide Prevention (Linkages)	1,980

Service Outcomes

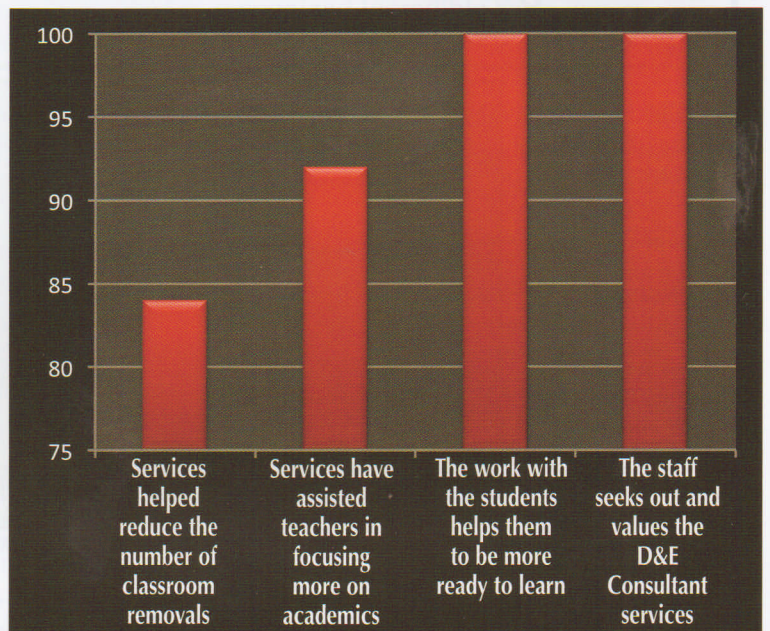
Family Clinic Satisfaction Survey

On a scale of 1-5 (with 1= "not at all" and 5= "very much so"), parents were asked to fill out a survey regarding how they feel about services their child received and their overall experience with D&E. The chart shows the average scores from 150 families who responded to the "Help Us Know How We Are Doing" survey.



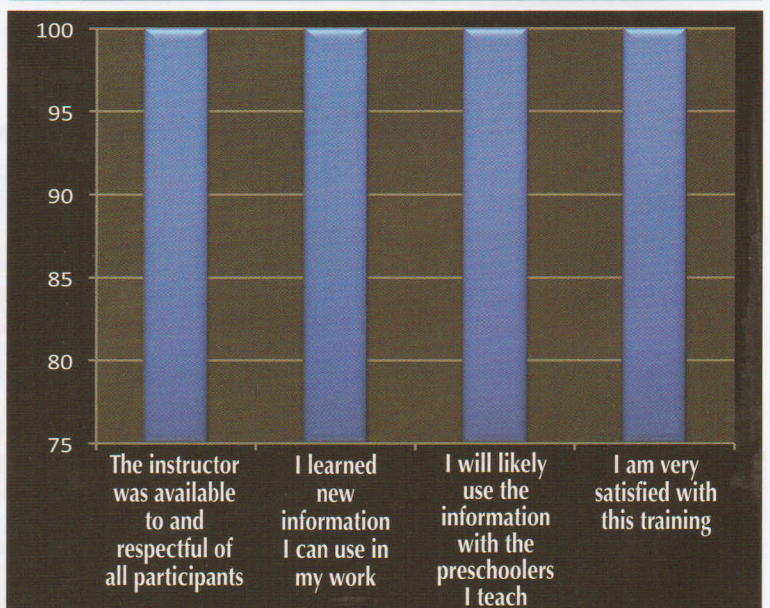
Classroom Connections

D&E staff in Youngstown City Schools provides counseling and interventions to address mental health needs and to reduce behavioral concerns that interfere with students learning. In the 2013-14 school year, 857 students (includes 301 D&E clients and 556 non-D&E clients) in 10 schools received D&E services. At the end of the school year, principals were asked to complete a survey about the services that were provided in their schools. The chart shows the percentages who agreed with the statement.

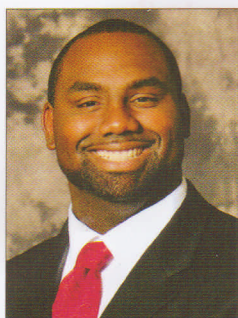


Early Childhood Teacher and/or Parent Training

The Center provided training to parents and teachers of preschool-aged children on the FLIP-It program (using strength based process to manage challenging behaviors) and Early Learning & Development Standards. The chart shows the percentage of 120 attendees who agreed with the statement.



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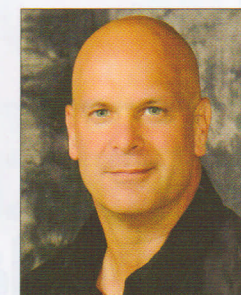
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Special Thanks

The D&E Counseling Center would like to once again express our grateful appreciation to those organizations that continue to generously donate support to our agency through grants, gifts, charitable donations and purchase of service agreements during FY 2014.

– WE THANK THE FOLLOWING –

Campbell City Schools
Community Foundation of the Mahoning Valley
Mahoning County Educational Service Center
Mahoning County Job and Family Services
Mahoning County Mental Health Board
Mahoning/Youngstown Community Action Partnership (MYCAP)
Ohio Children's Trust Fund

Ohio Department of Mental Health & Addiction Services
Ohio Suicide Prevention Foundation
PNC Bank
Ronald McDonald House Charities of Ohio and Western Pennsylvania
William Swanston Charitable Fund
United Way of Youngstown and the Mahoning Valley
Youngstown City School District

We would like to offer a special thank you to all who donated to the Center's Camp Challenge in memory of Mr. John H. Pelusi, Sr. We truly appreciate that the Pelusi family named Camp Challenge as a benefactor for anyone wanting to donate in their father's name.

D&E Circle of Friends Foundation Donors

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