

Small changes, big differences.



Parenting Class (for parents of children 0-12 years) **Raising Competent Confident Children**

This class can help you

- encourage behavior you like
- deal with problem behaviour
- become confident as a parent
- be realistic about parenting
- take care of yourself

Date: September 10, 2020

Time: 9:00am-10:30am

Place: online using zoom

Meeting ID: 830 9084 5558

Passcode: 822207

**To register or for questions
email:
marcim@altacaregroup.org**